



A Learn to Skate
Competition

Sunday, February 25, 2018
Brooklyn Park Community Activity Center
5600 – 85th Avenue North, Brooklyn Park, MN

ONLINE REGISTRATION!

Check it out at
<http://www.threeriversfsc.org/>

Skate in the Park 2018 Chairs:

Lori Nelson & Kim Rocha

Email:

skateinthepark2018@comcast.net

Sponsored by the Three Rivers Figure Skating Club
Sanctioned by U.S. Figure Skating
2018

The Three Rivers Figure Skating Club is hosting the 13th Annual Learn to Skate Competition in conjunction with It's annual Skate in the Park Competition. The Learn to Skate Competition will be held February 25, 2018 at the Brooklyn Park Community Activity Center (www.brooklynpark.org), 5600 85th Ave N, Brooklyn Park, MN 55443.

General Rules: This competition will be conducted under the rules of U.S. Figure Skating set forth in the current U.S. Figure Skating Learn to Skate Competition Manual. The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Learn to Skate Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Learn to Skate Program/club or any other Learn to Skate Program/club. Eligibility will be based on skill level as of closing date of entries. All Snowplow Sam and Learn to Skate 1-8 skaters must skate at highest level passed or one level higher and NO official U.S. Figure Skating tests may have been passed including Moves in the Field or individual dances. For the Free Skate 1-6 levels, eligibility will be based only upon highest free skate test level passed (Moves in the Field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition

Entry: Online registration is preferred and is available via a secured credit card transaction at www.threeriversfsc.org, serviced by Entryeeze. Registration must be completed by midnight, January 16, 2018. Upon receiving your application online an email will be sent to the skater's coach to verify accuracy of entry. An official at the skater's home club will also be notified to certify the skater's standing within the club. Mail in paper registration: paper registration and payment by check will be accepted with a \$5.00 processing fee. Mail in entries must be post-marked no later than January 16, 2018. Mail registration form with check payable to TRFSC to: Three Rivers FSC Skate in the Park Competition, c/o Kim Rocha, 5600 85th Avenue North, Brooklyn Park, MN 55443. Please note that your coach/instructor is required to sign your application form verifying your level of competition and the events you are competing in. It is the skaters' and coaches' responsibility to verify that the skater has entered the correct event and level. Any change in a skater's event/level after the entry deadline is subject to a \$25.00 change fee. Late entries are only accepted at the discretion of the Referee and subject to a \$25.00 late fee.

Fees: Fee for a skater's first event is \$55.00. If entering a second event (which must be entered at the same level), the additional fee is \$20.00. There are no refunds (including for medical circumstances) after the registration closing date.

Admission and Event Programs: There is no admission charge for the Skate in the Park Competition. Event programs will be available for purchase at the competition.

Registration: The Registration Desk will be located in the entryway of the Brooklyn Park Community Activity Center. Skaters must check in at least one hour prior to their first event. Events may run ahead at the discretion of the Referee. Please plan to check in with the rink monitor at least 45 minutes prior to your event's scheduled start time. All schedules will be posted on an official bulletin board near the registration desk. It is the responsibility of each competitor to check this board for official schedules and notices.

Practice ice: Practice ice will be sold in advance of the event for \$10 per 20 minute session. Information on purchasing practice ice will be included online at threeriversfsc.org and can be purchased online via online registration process. Any remaining ice will be sold the day of the event for \$12 per 20 minute session. Practice sessions will be sold on a first come first served basis and will be limited to 20 skaters per session.

Music: The music for all free skating programs must be provided on CDs only by the skater. No cassette tapes will be accepted. CDs should be clearly marked with the name of the skater, event entered and length of music. Competition music must be turned in at the time of registration the day of the event. Time duration is always \pm 10 seconds. CDR-RW's will not be accepted. Please remember to pick up your music prior to leaving event. Three Rivers Figure Skating Club is not responsible for unclaimed music CDs.

Awards/Photographs/Videotaping: Awards will be presented to all skaters after results are posted. An official event photographer will be present to take group pictures of award winners as well as individual skaters. Professional videotaping and action shots will also be available for purchase during the competition.

EVENT: Basic Elements Event: SNOWPLOW SAM – BASIC 6

Format choice of the host: Each skater will perform each element when directed by a judge or referee or have the option to perform one element at a time in the order listed below (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on, or each skater performs all of the required elements before moving on to the next skater.

- To be skated on 1/3 to 1/2 ice.
- No music.
- **All elements must be skated in the order listed.**

Level	Time	Skating rules/standards
Snowplow Sam	1:00 max.	<ul style="list-style-type: none"> • March followed by a two-foot glide and dip • Forward two-foot swizzles, 2-3 in a row • Forward snowplow stop • Backward wiggles, 2-6 in a row
Basic 1	1:00 max.	<ul style="list-style-type: none"> • Forward two-foot glide and dip • Forward two-foot swizzles, 6-8 in a row • Beginning snowplow stop on two-feet or one-foot • Backward wiggles, 6-8 in a row
Basic 2	1:00 max.	<ul style="list-style-type: none"> • Forward one-foot glide, either foot • Scooter pushes, right and left foot, 2-3 each foot • Moving snowplow stop • Two-foot turn in place, forward to backward • Backward two-foot swizzles, 6-8 in a row
Basic 3	1:00 max.	<ul style="list-style-type: none"> • Beginning forward stroking showing correct use of blade • Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive • Forward slalom • Beginning backward one-foot glide, either foot • Moving forward to backward two-foot turn on a circle
Basic 4	1:00 max.	<ul style="list-style-type: none"> • Backward one-foot glides, right and left • Forward outside edge on a circle, clockwise or counter clockwise • Forward crossovers, 4-6 consecutive, both directions • Beginning two-foot spin, 2-4 revolutions • Backward ½ swizzle pumps on a circle, one direction only
Basic 5	1:00 max.	<ul style="list-style-type: none"> • Backward outside edge on a circle, clockwise or counterclockwise • Backward crossovers, 4-6 consecutive, both directions • Advanced two-foot spin, 4-6 revolutions • Forward outside three-turn, right and left • Hockey stop
Basic 6	1:00 max.	<ul style="list-style-type: none"> • Forward inside three-turn, right and left • Bunny Hop • Forward spiral on a straight line, right or left • Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry • T-stop, right or left

EVENT: Basic Program Event: SNOWPLOW SAM – BASIC 6

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- To be skated on full ice.
- The skater may use elements from a previous level.
- A 0.2 deduction will be taken for each element performed from a higher level.

Level	Time	Skating rules/standards
Snowplow Sam	1:10 max.	<ul style="list-style-type: none"> • March followed by a two-foot glide and dip • Forward two-foot swizzles, 2-3 in a row • Forward snowplow stop • Backward wiggles, 2-6 in a row
Basic 1	1:10 max.	<ul style="list-style-type: none"> • Forward two-foot glide and dip • Forward two-foot swizzles, 6-8 in a row • Beginning snowplow stop on two-feet or one-foot • Backward wiggles, 6-8 in a row
Basic 2	1:10 max.	<ul style="list-style-type: none"> • Forward one-foot glide, either foot • Scooter pushes, right and left foot, 2-3 each foot • Moving snowplow stop • Two-foot turn in place, forward to backward • Backward two-foot swizzles, 6-8 in a row
Basic 3	1:10 max.	<ul style="list-style-type: none"> • Beginning forward stroking showing correct use of blade • Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive • Forward slalom • Beginning backward one-foot glide, either foot • Moving forward to backward two-foot turn on a circle
Basic 4	1:10 max.	<ul style="list-style-type: none"> • Backward one-foot glides, right and left • Forward outside edge on a circle, clockwise or counter clockwise • Forward crossovers, 4-6 consecutive, both directions • Beginning two-foot spin, 2-4 revolutions • Backward ½ swizzle pumps on a circle, one direction only
Basic 5	1:10 max.	<ul style="list-style-type: none"> • Backward outside edge on a circle, clockwise or counterclockwise • Backward crossovers, 4-6 consecutive, both directions • Advanced two-foot spin, 4-6 revolutions • Forward outside three-turn, right and left • Hockey stop
Basic 6	1:10 max.	<ul style="list-style-type: none"> • Forward inside three-turn, right and left • Bunny Hop • Forward spiral on a straight line, right or left • Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry • T-stop, right or left

EVENT: Pre-Free Skate – Free Skate 6 Compulsory Event

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time: 1:15 max

Level	Time	Skating rules/standards
Pre-Free Skate	1:15 max	<ul style="list-style-type: none"> • Forward inside open Mohawk from a standstill position (R to L and L to R) • Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise • One-foot upright spin, optional entry and free-foot position (minimum three revolutions) • Mazurka • Waltz jump
Free Skate 1	1:15 max.	<ul style="list-style-type: none"> • Forward power stroking, 4-6 consecutive strokes • Backward outside three-turns, right and left • Upright spin, entry from backward crossovers - minimum 4-6 revolutions • Toe loop • Half flip jump
Free Skate 2	1:15 max.	<ul style="list-style-type: none"> • Alternating forward outside and inside spirals on a continuous axis (2 sets) • Backward inside three-turns, right and left • Beginning back spin, up to two revolutions • Half Lutz • Salchow jump
Free Skate 3	1:15 max.	<ul style="list-style-type: none"> • Alternating Mohawk/crossover sequence, right to left and left to right • Waltz three-turns, clockwise and counterclockwise • Advanced back spin with free foot in crossed leg position, min 3 revs • Loop jump • Waltz jump/toe loop or Salchow/toe loop jump combination
Free Skate 4	1:15 max.	<ul style="list-style-type: none"> • Forward power 3's, 2-3 consecutive sets, right or left • Sit spin - minimum three revolutions • Half loop jump • Flip jump
Free Skate 5	1:15 max.	<ul style="list-style-type: none"> • Backward outside three-turn, Mohawk (backward power three-turn), both directions • Camel spin - minimum three revolutions • Waltz jump-loop jump combination • Lutz jump
Free Skate 6	1:15 max.	<ul style="list-style-type: none"> • Forward power pulls, right and left • Split jump or stag jump • Camel, sit spin combination - minimum of four revolutions total • Waltz jump, ½ loop, Salchow jump sequence • Axel jump

EVENT: Pre-Free Skate – Free Skate 6 Program Event

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:40 max.

Level	Time	Skating rules/standards
Pre-Free Skate	1:40 max	<ul style="list-style-type: none"> • Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise • One-foot upright spin, optional entry and free-foot position (minimum three revolutions) • Mazurka • Waltz jump
Free Skate 1	1:40 max	<ul style="list-style-type: none"> • Forward power stroking, 4-6 consecutive strokes • Upright spin, entry from backward crossovers - minimum 4-6 revolutions • Toe loop jump • Half flip jump
Free Skate 2	1:40 max.	<ul style="list-style-type: none"> • Alternating forward outside and inside spirals on a continuous axis (2 sets) • Beginning back spin, up to two revolutions • Half Lutz • Salchow jump
Free Skate 3	1:40 max	<ul style="list-style-type: none"> • Alternating Mohawk/crossover sequence, right to left and left to right • Advanced back spin with free foot in crossed leg position, min 3 revs • Loop jump • Waltz jump-toe loop or Salchow-toe loop jump combination
Free Skate 4	1:40 max.	<ul style="list-style-type: none"> • Forward power 3's, 2-3 consecutive sets, right or left • Sit spin - minimum three revolutions • Half Loop jump • Flip jump
Free Skate 5	1:40 max.	<ul style="list-style-type: none"> • Backward outside three-turn, Mohawk (backward power three-turn), both directions • Camel spin - minimum three revolutions • Waltz-loop jump combination • Lutz jump
Free Skate 6	1:40 max.	<ul style="list-style-type: none"> • Split jump or stag jump • Camel, sit spin combination - minimum of four revolutions total • Waltz jump, ½ loop, Salchow jump sequence • Axel jump

Skate in the Park 2018 Learn To Skate ENTRY FORM

Name:		U.S. Figure Skating #	
Date of Birth:		Sex:	
Address:			
Email:			
Cell phone:			
Name of parent or guardian:			
Highest MITF test:		Highest free skate test:	
Highest dance test:		Highest pairs test:	
Home figure skating club:			
Coach name:		Coach U.S. Figure Skating#	
Coach email:		Coach cell phone:	

Please mark an "X" in the box next to events you are entering. The entry fee is \$55 for the first event, and \$25 for each additional event.

BASIC ELEMENTS EVENT	X	Basic Program Event	X	FREE SKATE 1-6 COMPULSORY EVENT	X	FREE SKATE 1-6 PROGRAM EVENT	X
Snow Plow Sam 1-3		Snow Plow Sam 1-3		Free Skate 1		Free Skate 1	
Basic 1		Basic 1		Free Skate 2		Free Skate 2	
Basic 2		Basic 2		Free Skate 3		Free Skate 3	
Basic 3		Basic 3		Free Skate 4		Free Skate 4	
Basic 4		Basic 4		Free Skate 5		Free Skate 5	
Basic 5		Basic 5		Free Skate 6		Free Skate 6	
Basic 6		Basic 6					
Basic 7		Basic 7					
Basic 8		Basic 8					

First Event	\$ _____
Additional Event	\$ _____
Practice Ice	\$ _____
Mail in \$5 Processing fee	\$ _____
Total:	\$ _____

The completed entry form, with fees, must be postmarked no later than January 16, 2018. (online registrations must be completed by midnight January 16, 2018).

Make check or money order payable to **Three Rivers FSC** and mail to:
Three Rivers FSC Skate in the Park Competition
 c/o Kim Rocha
 5600 85th Avenue North
 Brooklyn Park, MN 55443

For additional information call: **Kim Rocha (612) 750-2093.**

ENTRY FEES ARE NOT REFUNDABLE AFTER THE ENTRY DEADLINE UNLESS AN EVENT IS CANCELED.



TWIN CITY FIGURE SKATING ASSOCIATION LEARN TO SKATE COMPETITION SERIES

TCFSA LEARN TO SKATE SERIES MISSION STATEMENT: The purpose of the Learn to Skate Series is to promote an introductory competitive experience for the beginning TCFSA member skater allowing them to develop the USFS Learn to Skate in an enjoyable environment. The Twin City Figure Skating Association (TCFSA) Learn to Skate Competition Series is sponsored solely by TCFSA and is a United States Figure Skating approved Learn to Skate Series. Competition announcements and entry forms will be posted on the official website of each participating competition. Learn to Skate skaters are automatically registered and will have the opportunity to compete at 12 different local TCFSA member competitions to earn points for a final standing. Awards will be presented to the skaters with the highest point totals when they compete in at least 5 of the participating competitions. Skaters competing in more than 5 competitions will use their 5 highest placements. Point accumulation information will be available at www.tcfsa.org in the Learn to Skate section. A traveling team trophy will be awarded to the TCFSA member club that accumulates the most points during the series season.

THE POINT SYSTEM: Each skater must be a member in good standing of a TCFSA member club or Learn to Skate program. Each Learn to Skate freestyle event in each of the series competitions will be eligible for accumulating points. The system for scoring points for the final standing will be as follows:

PLACE	POINTS
1	5
2	4
3	3
4	2

All competitors who place 5th place or lower will be awarded one participation point. Per the USFS Learn to Skate webpage, if there is only one skater in the group, he or she will be awarded three points. Also, should a skater move up a level during the competition series season, their points will follow them to the next level. They will also be rewarded 2 bonus points for moving up ONE time throughout the series season. Participant standings will be posted on the TCFSA website after each competition. Skaters will be notified of their standings via e-mail throughout the season.

A list of participating competitions can be found on the TCFSA website under the Learn to Skate icon.

ELIGIBILITY and RULES FOR PARTICIPANTS: The TCFSA Learn to Skate series is open to ALL skaters who are current eligible members of either the Learn to Skate Program or full members of U.S. Figure Skating through a TCFSA member club. Eligibility is based on the skill level as of the closing date of entries. All Snowplow Sam and Learn to Skate skaters through Basic 8 must skate at their highest level passed and MAY NOT have passed any US figure skating tests including Moves in the Field or Dance tests. Males and females may, or may not, be placed in the same group. The competitions in the Learn to Skate series will be conducted under the rules set forth by the US Figure Skating "Learn to Skate Competition Manual" program. Learn to Skate levels included in the TCFSA series are Snowplow Sam, Basic 1 through Basic 8 and Free Skate 1 through Free Skate 6. Elements for each level will be included in the individual announcement for each competition.